**Travelling independently with an intellectual or cognitive disability**

Most people with cognitive or mental disabilities can travel on their own, provided they are able to understand and follow safety instructions and can handle certain situations independently, both at the airport and on board the aircraft.

Once you have made your reservation, via the site or call centre, please answer the following questions:

| | | |
|---|---|---|
| At the airport, can you navigate a complex, long, and difficult route on your own? | YES ☐ | NO ☐ |
| Are you able to independently handle any difficulties with language comprehension or finding your way within the destination airport? | YES ☐ | NO ☐ |
| Can independently handle security, police, and customs formalities (these procedures can sometimes be time-consuming and involve physical contact) | YES ☐ | NO ☐ |
| Are you able to fasten/unfasten seat belts on board the aircraft independently? | YES ☐ | NO ☐ |
| Can you handle any disruptions and turbulence during your flight on your own and with peace of mind? | YES ☐ | NO ☐ |
| Can you independently deal with any requests on board related to particular safety needs? | YES ☐ | NO ☐ |
| Can you eat by yourself? | YES ☐ | NO ☐ |
| Can you take your therapy medications by yourself? | YES ☐ | NO ☐ |
| Can you go to the toilet on your own and handle your own personal hygiene? | YES ☐ | NO ☐ |

Once completed and signed, this form should be sent to Prenotazione.assistenza@ita-airways.com, complete with the following details:

| | |
|---|---|
| First name | Surname |
| Booking reference | Date of travel |
| Contact phone number | Email address |

Responses to the questionnaire help identify travel assistance needs. If an escort is required based on the information provided, the Assistance Team will contact you for guidance.

In the case of all positive responses, you will not need to take any further action or receive any contact from the above Team.

**Signature** **Date**

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